



Office of  
Ombudsman for  
Long-Term Care

# What is a Uniform Disclosure of Amenities and Services and How Can it Help Me?

## Background and Intent

Choosing an assisted living and understanding available services can be challenging, but there are resources to help.

Since August 1, 2021, every assisted living facility in Minnesota must create a Uniform Disclosure of Amenities and Services (also called a Uniform Checklist or UDALSA). This list must be given to people who are thinking of moving to an assisted living facility. The UDALSA provides current information about the facility but is subject to change.

The UDALSA [form](#) includes:

- The license the facility holds
- The list of services offered
- The list of services the facility could provide under their license, but does not offer
- Staffing levels
- Which funding sources are accepted (private pay, Medical Assistance, Waivers, etc.)
- Amenities, such as accessible bathrooms, internet access, cable TV, smoking areas etc.

## How to Get the UDALSA

An assisted living facility must provide an up-to-date UDALSA to each prospective resident and their representatives who request information about the facility. If you have not received the form from the assisted living facility, you may ask the facility to provide it. Or, in many cases, the form can be viewed on the [MinnesotaHelp.Info](https://www.minnhelp.org/) website. Instructions are below.

- Once at the [MinnesotaHelp.Info](https://www.minnhelp.org/) website, enter the facility name in the bar that says “What are you looking for?”
- When a list of names appear, find the name of the facility, check to make sure that “assisted living” or “assisted living with dementia care” is below the name, then click the name.
- When the information page comes up about that facility, scroll down to the section titled “Licenses, Registrations, or Certifications” and if there is a link in that section, click it. If this section is not there, then the UDALSA is not available on this site for this facility.
- If the section has a link and you click it, the UDALSA for that facility will come up.

## Conclusion

If you are looking for an assisted living, living in one, or helping someone who is, this form can help. Use the form to compare facilities, understand if the facility can help with your needs, find out if the facility accepts your form of payment, check to see if you are comfortable with the level of staffing, and more.